

BIRD ROCK

PIZZA & SPORTS GRILL



LA JOLLA, CA

Drink cold beer & watch the games on our 58'Plasma!!!

5737 La Jolla Blvd.
La Jolla, CA 92037
858-456-BIRD (2473)
www.birdrockpizza.com

Hours:

Sun-Thur 11AM-10PM
Fri-Sat 11AM-10:30PM

[Printable version of menu \(PDF format\)](#)

*Come check out Mason & Peyton's Grandpa Borrelli's 35 year-old home-made recipes we use for our pizza & pasta sauces, & dough.
"You've gotta try it"*

Hotlinks: [SALADS](#) [SANDWICHES](#) [PASTA'S](#) [PIZZA](#) [SWEETS](#) [BEVERAGES](#) [TAKE HOME](#)

APPETIZERS

Nachos Supreme <i>Tortilla chips, Philly Steak, refried bean mix, cheddar & mozzarella cheese, topped with diced tomato & chopped green onion with sour cream & guacamole.</i>	\$8.25	Wings (8) or (16) <i>3 levels of heat: (Med ~ Hot ~ Richter) or BBQ style. Includes carrot and celery sticks / Ranch or Blue Cheese dressing.</i>	\$7.50 or \$15.00
Garlic Butter Bread (by the slice)	\$.85	Potato Skins (6) <i>Real bacon bits, sour cream & chives.</i>	\$7.75
Garlic Cheese Bread (by the slice) <i>Our garlic butter bread topped with provolone cheese, herbs & spices.</i>	\$2.25	Breaded Chicken Fingers (6)	\$7.50
Pesto-Garlic Cheese Bread (by the slice) <i>Our garlic cheese bread with our pesto sauce.</i>	\$2.75	Breaded Mozzarella Sticks (8)	\$6.50
Home-made Bread Sticks & Side of Marinara (5)	\$3.75	Cheddar Jalapeno Poppers (8)	\$6.50

HOMEMADE MINESTRONE SOUP Cup \$2.50 Bowl \$3.50 Quart \$8.00

BURGER & FRIES

(1/2 lb. Angus burger, sauce, lettuce, red onions, pickles & tomato)

Burger	\$6.50	Cheddar Cheese	add \$.75	French Fries	add \$2.50	Onion Rings	add \$2.50
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KID'S MENU

(Kid's 12 and under -- Dine-in only)

Spaghetti * Ravioli * Mostaccioli (includes 1 garlic bread & drink)	\$6.25	Burger, Fries & Drink (add .75 for cheese)	\$6.75
8" Bambino Pizza (includes 1 topping & drink)	\$6.25	Chicken Fingers & Fries (includes drink)	\$6.75

TOP

SALADS

(Dressings: Home-made House Italian, Blue Cheese, Ranch, Honey Mustard, Caesar, Greek)

	Entrée (Serves 1)	Full (Serves 2-3)	12" Catering Tray (Serves 5-10)	16" Catering Tray (Serves 11-20)
Thai Chicken Salad <i>Chilled grilled chicken breast atop a bed of mixed greens topped with cilantro, carrots, peanuts, bean sprouts, red onion, sesame seeds & our thai vinaigrette.</i>	\$8.00	\$12.00	\$26.00	\$44.00
Mixed Green Salad <i>Romaine and Iceburg lettuce tossed with shredded cabbage & carrots. Tomato & crouton garnish.</i>	\$5.50	\$8.50	\$19.00	\$30.00
Caesar Salad <i>Salad of romaine lettuce with parmesan cheese & croutons with our traditional Caesar dressing on the side.</i>	\$6.00	\$9.00	\$21.00	\$31.00
Grilled Chicken Caesar <i>Our Traditional Caesar salad topped with a chilled grilled chicken breast.</i>	\$8.00	\$12.00	\$26.00	\$44.00
Bird Rock House Veggie Salad <i>A large bed of our mixed greens topped with mushrooms, black olives, green peppers, zucchini, red onions & Mozzarella cheese. Tomato & pepperoncini garnish. Served with our House Italian dressing.</i>	\$7.00	\$11.00	\$23.00	\$40.00
Bird Rock Antipasto <i>Mixed greens piled high with pepperoni, cotto salami, provolone cheese, mushrooms, black olives red onions. Tomatoes & pepperoncini garnish. Served with our House Italian dressing.</i>	\$7.00	\$11.00	\$23.00	\$40.00
Grilled Chicken Salad <i>Chilled, grilled chicken breast atop a bed of mixed greens, topped with Provolone cheese, mushrooms, black olives & red onions. Tomato & pepperoncini garnish. Served with our House Italian dressing.</i>	\$8.00	\$12.00	\$26.00	\$44.00
Greek Salad <i>Large bed of our mixed greens topped with kalamata olives, red & green peppers, red onions, feta cheese, sun-dried tomatoes. Served with our Greek Vinaigrette dressing.</i>	\$7.00	\$11.00	\$23.00	\$40.00

TOP

SANDWICHES

(All Sandwiches come with a Bag of Chips!)

Specialty Sandwiches (on toasted roll)	8" Torpedo	6" Half Sub	8" Torpedo	12" Sub
Breaded Veal "Hoagie" <i>Melted provolone cheese atop a Veal Steak with lettuce, mayonnaise, red onion, pickles & tomato with our House Italian dressing. With chips!</i>	\$9.75			
Breaded Chicken "Hoagie" <i>Melted provolone cheese atop a Chicken Breast with lettuce, mayonnaise, red onion pickles & tomato with our House Italian dressing. With chips!</i>	\$8.25			
Cheese Steak "Hoagie" <i>Philly style steak with melted provolone cheese, lettuce, mayonnaise, red onion, pickles & tomato with our House Italian dressing. With chips!</i>	\$8.25			
Veggie "Hoagie" <i>Melted provolone cheese atop sautéed roasted green peppers, mushrooms, olives, zucchini, red onion, pickles & tomato with our House Italian dressing. With chips!</i>	\$8.25			
Philly Cheese Steak <i>Philly steak sautéed with onions & topped with melted provolone cheese. With chips!</i>	\$8.25			
mushrooms add: \$.25 roasted green pepper add: \$.25				
		"The Italian"	\$7.25	\$8.25
		<i>Mortadella, Cotto-salami, ham, dry salami & provolone.</i>		
		Ham	\$7.25	\$8.25
		Turkey Breast	\$7.25	\$8.25
		Turkey & Ham	\$7.25	\$8.25
		Roast Beef	\$7.25	\$8.25
		<i>Sandwiches below are baked with marinara sauce & mozzarella cheese.</i>		
		Meatball	\$7.75	\$8.75
		Eggplant Parmigiana	\$7.75	\$8.75
		Sausage & Roasted Green Peppers		\$9.25
		Chicken Parmigiana		\$9.25
		Veal Parmigiana		\$9.75

TOP

PELICAN PASTA'S

(*Entrees ONLY* include two garlic bread. Catering trays of spaghetti & mostaccioli include 1 quart of Marinara sauce. Utensil charge if utensils are REQUESTED with the catering trays! 24 HOUR NOTICE FOR TRAYS OF LASAGNA!)

Garlic Bread Bag (Qty. 10) \$7.00 or (Qty. 25) \$14.00
Side of meatballs or sausage with any order: \$2.50

	Entrée	12" Tray Serves 6-9	Entrée	12" Tray Serves 6-9
Spaghetti				
Tomato Sauce	\$7.00	\$35.00		
Meat Sauce	\$7.50	\$38.00		
Mostaccioli <i>Penne pasta sautéed in our parmesan cheese sauce.</i>				
Tomato Sauce	\$8.00	\$35.00		
Meat Sauce	\$8.50	\$38.00		
Olive Oil & Garlic	\$9.00	\$40.00	\$8.00	\$36.00
Tomato, Basil & Garlic	\$9.50	\$42.00	\$8.50	\$39.00
Creamy Pesto Sauce	\$9.75	\$43.00	\$9.00	\$41.00
Baked Ziti				
			Santa Fe Chicken Penne	\$10.50
			<i>Pieces of Grilled Chicken breast, mixed bells & onions sautéed with penne pasta in our creamy Santa Fe sauce. (mildly spicy... "It's awesome!")</i>	\$54.00
			Ravioli <i>Stuffed with your choice of Cheese, Meat or Jumbo Spinach & Ricotta, then sautéed in our parmesan cheese sauce.</i>	
			Tomato Sauce	\$8.00
			Meat Sauce	\$8.50
			Olive Oil & Garlic	\$9.00
			Fettucini Alfredo <i>Fettucini noodles sautéed in our home-made creamy Alfredo cheese sauce.</i>	

<i>Baked penne pasta sautéed with tomato sauce, ricotta & mozzarella cheeses...mmm, cheeezy!</i>	\$10.50	\$54.00	Fettucini Alfredo	\$9.75	\$48.00
Traditional Lasagna			Fettucini with Chicken	\$10.75	\$54.00
<i>Cheese only, or Meat & Cheese.</i>			Fettucini with Shrimp	\$11.75	\$58.00
Tomato Sauce	\$9.75	\$50.00	Parmigiana's		
Meat Sauce	\$10.50	\$53.00	<i>Breaded Chicken breast, Veal steak or Eggplant baked with tomato sauce & mozzarella cheese. Includes side of Spaghetti with tomato sauce (meat sauce add \$1.00)</i>		
			Eggplant	\$11.00	\$54.00
			Chicken	\$10.00	\$58.00
			Veal	\$12.00	\$61.00

TOP

BIRD ROCK PIZZAS

(Take & Bake Pizza's available in 14" and 16" ONLY)

Meat Toppings:	Vegetable Toppings:	Specialty Toppings:
Pepperoni	Mushrooms	Feta or Gouda Cheese
Sausage	Yellow Onions	Kalamata Olives
Meatballs	Green Peppers	Ricotta Cheese
Ground Beef	Black Olives/Jalapenos	Fresh Tomatoes
Ham	Red Onions	Sun-Dried Tomatoes/Chicken
Salami	Red Peppers	Spinach
Anchovies	Fresh Cilantro	Broccoli
Canadian Bacon	Fresh Garlic Pineapple	Artichoke Hearts
	Pepperoncini	Fried Eggplant
	Fresh Basil	
	Zucchini	

	8"-Bambino	12"-Small	14"-Medium	16"-Large
Each Additional Topping	\$1.15	\$1.40	\$1.65	\$1.90
Each Add'l Specialty Topping	\$1.40	\$1.90	\$2.15	\$2.40
Shrimp Topping	\$1.65	\$2.15	\$3.15	\$4.15
Calzone (Small serves 1 -- Large serves 2)		\$11.00		\$12.00
<i>Stuffed full of ricotta and mozzarella cheese and tomato sauce (additional toppings: \$1.25 / additional specialty topping: \$1.75)</i>				
Cheese Pizza	\$7.00	\$12.00	\$13.50	\$15.00
<i>Our famous cheese pizza...mozzarella and tomato sauce. Yumm...</i>				
El Mexican	\$9.75	\$15.75	\$17.75	\$19.75
<i>Our popular home-made refried bean mix, cilantro, red & green bells, red onion, jalapeños, cheddar & mozzarella (no red sauce)</i>				
Bird Rock Chicken Ranch Pizza	\$9.75	\$15.75	\$17.75	\$19.75
<i>Ranch sauce, chicken breast chunks, real bacon bits, red onion, fresh chopped green onions & fresh tomatoes with mozzarella.</i>				
Buffalo Chicken Pizza	\$9.75	\$15.75	\$17.75	\$19.75
<i>Buffalo chicken wing sauce, chicken breast chunks, red bells, red onion & mozzarella. (spicy)</i>				
Thai Chicken Pizza	\$9.75	\$15.75	\$17.75	\$19.75
<i>Spicy peanut sauce, chicken breast chunks, cilantro, red bells, carrots, bean sprouts, peanuts, sesame seeds, red onion & mozzarella.</i>				
Pelican Santa Fe Chicken Pizza	\$9.75	\$15.75	\$17.75	\$19.75
<i>Our Spicy Creamy Santa Fe sauce Grilled Chicken breast, red & green peppers, cilantro, red onion & mozzarella.</i>				
Bird Rock Special Pizza	\$9.75	\$15.75	\$17.75	\$19.75
<i>Six delicious toppings : pepperoni, sausage, mushrooms, black olives, green peppers & yellow onions.</i>				
Vegetarian	\$9.75	\$15.75	\$17.75	\$19.75
<i>Mushroom, black olives, green peppers, yellow onions, zucchini & fresh un-cooked sliced tomatoes.</i>				
All Meat Pizza	\$9.75	\$15.75	\$17.75	\$19.75
<i>Pepperoni, sausage, Canadian bacon & seasoned ground beef.</i>				
Hawaiian Pizza	\$8.75	\$13.75	\$15.75	\$17.75
<i>Canadian Bacon & Pineapple chunks.</i>				
Cheeseburger Pizza	\$9.75	\$15.75	\$17.75	\$19.75
<i>Seasoned ground beef, red onion, mozzarella, cheddar cheese & topped with fresh un-cooked sliced tomatoes.</i>				
Philly Cheesesteak Pizza	\$9.75	\$16.25	\$18.25	\$20.25
<i>Alfredo sauce, Philly steak, sauteed mushrooms & onions, roasted green peppers, provolone & mozzarella.</i>				
BBQ Chicken Pizza	\$9.75	\$16.25	\$18.25	\$20.25
<i>Tender pieces of marinated breast of chicken, tangy barbeque sauce, cilantro, red onion, mozzarella & cheddar cheese.</i>				
Five Cheese Pizza	\$9.25	\$14.50	\$16.50	\$18.50
<i>Olive oil, garlic, ricotta, provolone, feta, gouda & mozzarella cheeses along with our herbs & spices (no red pizza sauce).</i>				
Broccoli or Spinach Five Cheese Pizza	\$9.75	\$15.75	\$17.75	\$19.75
<i>Our Five Cheese pizza with the addition of fresh steamed broccoli flowerets or spinach (no red pizza sauce).</i>				
Margarita Pizza	\$9.75	\$15.75	\$17.75	\$19.75
<i>Olive oil, garlic, fresh sliced cooked tomatoes, fresh basil & mozzarella cheese with our herbs & spices (no red pizza sauce).</i>				
Greek Pizza	\$9.75	\$15.75	\$17.75	\$19.75
<i>Olive oil, spinach, kalamata olives, red & green peppers, red onion, feta cheese, mozzarella & sun-dried tomatoes (no red pizza sauce).</i>				
Pesto Pizza	\$8.50	\$13.50	\$15.50	\$17.50
<i>Pesto sauce & mozzarella cheese.</i>				
Pesto Artichoke & Fresh Tomato Pizza	\$9.75	\$15.75	\$17.75	\$19.75

Pesto sauce, artichoke hearts, red onion, fresh tomatoes & mozzarella.

Chicken or Shrimp Pesto Pizza

\$10.75

\$17.25

\$19.25

\$21.25

Pesto sauce, chicken or shrimp, red onions, mozzarella cheese & sun-dried tomatoes.

!!! Please, No Substitutions on Specialty Gourmet !!!

[TOP](#)

SWEETS

Haagen Dazs (pint)

\$4.50

Assorted Ice Cream Bars

\$2.00

Haagen Dazs (bar)

\$3.00

Drumstick Supreme

\$3.00

Cheesecake

\$2.75

Ice Cream Sandwiches & Push-ups

\$1.50

Chocolate Fudge Torte (mousse)

\$2.75

[TOP](#)

BEVERAGES

(Cold beverages for delivery: Coke, Diet Coke, Sprite, Barq's Root Beer)

Monster Energy

\$2.75

Single Can

\$1.00

Gatorade, Sobe, or Snapple

\$2.50

6-pack

\$5.00

2-liter

\$2.50

Dine-in Fountain Drinks:

Small: \$1.45 / Large: \$1.95

Vitamin Water

\$2.00

Bottled Water

\$1.50

[TOP](#)

TAKE HOME "sides"

	8 oz.	12 oz.	Quart
Marinara Sauce	\$2.50	\$3.50	\$9.00
Meat Sauce	\$3.00	\$4.00	\$10.00
Alfredo Sauce	\$4.00	\$6.00	
Italian Dressing	\$2.00	\$3.00	\$6.00
Blue Cheese, Ranch, Honey Mustard	\$2.00	\$3.00	\$6.00

[TOP](#)

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